

False Compassion

Our Compass

- HE is God and We are not
 - o Why is there suffering – why me – what about
 - o Do not burden yourselves with things too sublime – it is above your pay grade – it is on a need-to-know basis only bad things happen because humanity as a whole turns from God
- WE are in for Plan “A” – Purgatory is not a requirement
 - o Everyday pray for the Blessing to Love God – This prayer fixes everything else because we cannot gain heaven on our own
- The Way to heaven
 - o The Blessed Mother revealed that humility is the key to heaven
 - o Acknowledge and have sorrow that we are sinners especially sins of omission
 - o Our GOOD WORKS are only what is expected of us
 - o Judge no one (judge no person but always judge sin to be sin (false compassion)- this is the “unitive state IN OUR SPIRITUAL LIFE”
 - o Pray for the “Divine Mercy” of God
- Never, Never, Never, Ever QUIT
 - o If you do, get back up and begin again .. IT IS ABOUT “DESIRE” – Spiritual burnout (dark night) is real- breakthrough it by being human and thank God for creation, for you, for what He has given to us. Your prayers show that you care about God (and millions never show Him that caring) Not caring like in a medical sense but caring like it makes a difference, a BIG difference that He exists

Discussion Begins

Think about the last time you scrolled through the news, watched a massive tragedy unfold from afar. We are overloaded with this on TV. Or you see someone you care about making destructive choices. You felt a deep, heavy pain in your chest. You cared intensely—but you were completely powerless to change the outcome.

The soul is the absolute seat of our personality, mind, will, inclinations, and emotions. Compassion isn't just a passing bodily reflex; it resides permanently within the soul.

When we are born, we are given a clean slate. **No one is born pre-programmed** with rigid, worldly ideologies—no one is born supporting abortion, or carrying specific political flags, or harboring deep bitterness. But as we grow, we interact with our environment. We learn societal expectations, and through repeated interactions, the world begins to stack heavy, complex layers on top of our souls.

We accumulate layers of **pride, guilt, shame, and embarrassment**. We allow these worldly overlays to distort our natural spiritual inclinations. If we are not careful, we start processing everything—even our best intentions—through a soul that has been weighed down and bent out of shape by the world.

Stop we have Plan A here

God has promised to empty our soul and refill it correctly, comforting to Him.

Section 2: The Two Faces of Compassion

This brings us to how compassion actually operates within the soul. It splits into two distinct perspectives:

- **First-Person Compassion:** This is active, direct involvement. You are face-to-face with the person receiving your care. You can physically touch the situation, step in, and offer a healing act.
- **Third-Person Compassion:** This is the role of the observer. You are fully aware of a situation, you feel the weight of it, but you have **absolutely zero influence over the outcome**.

When you find yourself in this third-person space, a profound shift occurs. Because you cannot fix the external problem, your compassion turns inward. It becomes a test of your soul's internal alignment. If your soul is healthy and ordered, that compassion connects you deeper to God. But if your soul is still weighed down by the world, that helpless compassion quickly curdles into something toxic.

Remember plan a , you will be ok and resist the toxicity.

Section 3: "Compassion That Merely Refuses" vs. False Compassion

When an unaligned soul experiences third-person compassion, it falls into a trap: it becomes a **"compassion that merely refuses."** Because it cannot change the outcome, the soul rebels against reality. It refuses to accept the situation, refuses to trust in God's ultimate providence, and sinks into an exhausting loop of internal anxiety, anger, or despair. This isn't a lack of love; it is an *unordered* emotion. It is a compassion operating strictly on human limitations and human strength, leaving the soul heavy and restless.

Even worse, society often takes this unordered anxiety and weaponizes it into what **Bishop Fulton Sheen** called "**False Compassion**." Bishop Sheen warned us about a massive cultural trap where sentimentality replaces objective truth. False compassion is a misplaced pity that compromises moral laws just to avoid temporary discomfort or conflict. It is the kind of compassion that coddles destructive behavior, protects the wrongdoer, and completely ignores the victim and the divine order. It is a human-centered sentimentality that tells people they can ignore God's standards in the name of "love".

True compassion can never be separated from truth. If our compassion causes us to compromise on God's laws, or if it drives us into a state of bitter anxiety, it is unordered, and it is a sign that our soul needs to be cleansed.

Bishop sheen video

Section 4: Ordered Compassion and the Examples of Jesus

The antidote to this is **Ordered Compassion**—a compassion that aligns perfectly with divine sovereignty. It recognizes human powerlessness and immediately hands the weight over to God, transforming a painful emotional reaction into a quiet, powerful act of internal prayer.

We see the perfect blueprint for this in the life of Jesus:

- **The Crowd of Sheep (Matthew 9:36):** When Jesus looked out at the massive crowds, the Gospel says He was moved with deep compassion because they were "harassed and helpless, like sheep without a shepherd." Jesus was staring at a massive, systemic brokenness that could not be solved in a single afternoon. But He didn't let His human emotions spiral into a helpless third-person loop of despair, anxiety, or anger at the Roman empire. Instead, He immediately ordered that emotion toward the Father. He turned to His disciples and converted that heavy compassion into a directive for prayer: *"Pray earnestly to the Lord of the harvest to send out laborers."*
- **The Garden of Gethsemane (Mark 14:35-36):** Faced with the unimaginable, unfixable suffering of the cross, Jesus felt overwhelming human sorrow and distress. Yet, He did not let that feeling rebel against divine providence. He completely ordered His human will to the divine structure by praying: *"Abba, Father... take this cup away from Me. Yet I want Your will to be done, not Mine."*

Jesus was a friend to sinners, but He never ignored or smiled at sin. (Woman caught in adultery) He offered love and grace, but He also asked people to change their lives and turn away from wrong actions

Love good , hate,evil - ABHOR evil Thus, those who have genuine love for God will also **abhor** what is **evil**:

If Jesus were to get a job in a parish or ministry today, he would likely be fired in short order. His approach to dealing with people was repeatedly marked by what we would consider to be harsh, inconsiderate and uncaring behavior. He constantly violated modern precepts of compassion, which might more aptly be described as sentimentalism, enabling and co-dependency.

If we sidetrack to the first person role for a minute we see that “Tolerating improper behavior without loving correction is false compassion and reinforces the common notion that wickedness might in fact be happiness.” This affirms someone in a belief or lifestyle that aligns with worldly comfort but leads to spiritual separation from God. Shielding someone from difficult truths is considered the ultimate form of cruelty because the stakes—eternal salvation—are infinite. This occurs in the first person option

Jesus shows us that true compassion does not mean absorbing the world's anxiety; it means surrendering the world's weight to the Father.

Conclusion: The Necessity of Divine Ordering

Video of st Catherine

This ordering is not optional; it is an absolute spiritual necessity. Think about this carefully: **if our feelings, our will, and our emotions are not ordered** and in perfect union with God, Heaven would actually be an unhappy, discontented place for us. We cannot step into perfect holiness while holding onto worldly anxieties, human pride, or distorted sentimentality. Every soul *must* be cleansed of its worldly overlayers, either before or after death.

For those of us aiming for "**Plan A**"—by-passing purgatory entirely—the path requires a daily, active surrender. We have to ask for the blessing to love Him completely. In response, God Himself promises that He will completely empty the soul of its worldly clutter and refill it correctly while we are still here. This mirrors Christ's own *Kenosis* (Philippians 2:5-8)—His willingness to empty Himself entirely so that He could be filled with the Father's will.

Plan B is Purgatory. If we protect our anxieties, cling to our pride, and insist on carrying a "false compassion" that compromises on truth while we are on earth, the soul will have to undergo that painful, systematic emptying and purification after death.

Let us choose Plan A. When you look out at a broken world this week and feel that helpless, third-person pang of compassion, don't let it curdle into human anxiety or false sentimentality. Stop trying to carry the weight on human strength. Let that feeling be a mirror that drives you to your knees. Ask God to empty your soul of its worldly weight, order your heart, and refill you with His perfect, sovereign peace.